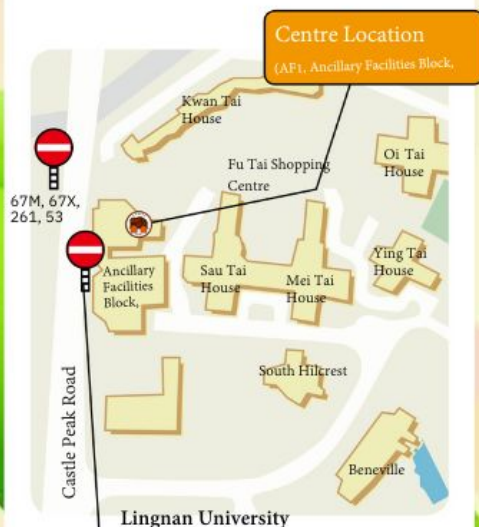


Location



Fu Tai Estate Bus Terminus

Public transportation which can reach the center

Bus: 67M, 67X, 67A, 256

K51, K58 (At Siu Hong West Rail Station)

Mini-bus: 46

Office Hour

Monday	8:30am - 7:00pm
Tuesday - Saturday	8:30am - 6:00pm
Sunday & Public Holiday	Off Day

SCOPE OF SERVICE

- **Health Education, Educational and Developmental Activities:** to help the elderly build a healthy lifestyle through various types of activities, to have lifelong learning, to care about the society and to broaden their social circle so they can enjoy their golden age.
- **Volunteer Development:** to provide training and awards to encourage elders to develop their potential. The elderly are encouraged to participate in planning and organising activities in the centre to promote a self-participation spirit.
- **Carer Support Services:** through counselling, mutual support group, training and lending or purchasing of rehabilitation aides to help release carers' stress and burden.
- **Dementia Services:** Through community education and outreach activities, we aim to enhance the community's understanding of dementia. We provide preliminary screening, referral services, training and support groups for both senior and their caregivers.

SCOPE OF SERVICE

- **Counselling Services:** to assist elders to tackle emotion, interpersonal, financial and personal care concerns and to refer them to regular community care services when necessary.
- **Long-Term Care Services:** We assist elderly individuals in need with applying for long-term care services and conducting "Elderly Health and Home Care Assessments."
- **Elderly Support Services:** to support single or couple elderly in the community through volunteering service; to help them tackle problems and to build up community network.
- **Hidden Vulnerable Elders:** mobilise community resources or network to reach out the vulnerable elders who are not accessing any services and to help build their support network.
- **Drop-in and Support Service:** to provide leisure facilities and support services such as meals, letter-writing, consultation service and so on.



THE NEIGHBOURHOOD ADVICE-ACTION COUNCIL FU TAI NEIGHBOURHOOD ELDERLY CENTRE



Address: Fu Tai Estate, AF1, Ancillary Facilities Block, Tuen Mun.

Telephone: 2453 7737 Fax: 2453 7747

Email: fnec@naac.org.hk

SERVICE AIM

- Fu Tai Neighbourhood Elderly Center was established in 2003. It provides community support services at the neighborhood level, promoting the active and holistic well-being of elderly individuals. The center organizes educational, developmental, social, and recreational groups and activities. It also offers counseling services and assistance with applying for long-term care services. The center recruits, develops, and engages volunteers in various services. It provides support to the elderly community and services for hidden elders. This includes support for caregivers and frail elderly individuals, including those with cognitive impairments, through activities such as mutual aid groups and training programs. The center aims to enable elderly individuals to age in place comfortably in their own homes.

Objectives

- The centre is a type of community support services at neighbourhood level to provide a range of comprehensive services to enable the elderly to remain in the community, to lead a healthy, respectful and dignified life, to age in place, to enhance their positive and contributing role to the society and to involve the public in building up a caring community



TARGET GROUP

- Members of the centre and hidden elderly service: people aged 60 or above in the community.
 - Carers of elders who need to take care of the elderly.
 - Community College for Elderly
- For people aged 55 or above in Tuen Mun District



Facilities

- Activity room, computer room, pantry, meeting room, gym equipment, audio and visual equipment, newspapers and magazine, chesses, free WiFi service and so on

FEE

- Center membership annual fee: \$21
- Community College for Elderly membership annual fee: \$20
- Activity or service fees vary depending on the specific activity or service.
- Starting from October each year, all membership a will be halved.

APPLICATION METHOD

- Visit in person or call to the centre for application;
- Referred by government departments, welfare organisations, local groups or individuals.

WITHDRAWAL METHOD

- Submit your request to the centre in person, by phone or in writing