



THE NEIGHBOURHOOD ADVICE-ACTION COUNCIL LEI TUNG NEIGHBOURHOOD ELDERLY CENTRE

Opening Hour: Monday to Saturday (9:00 to 17:00)

Address: Room 309-316, Tung Shing House, Lei Tung Estate, Ap Lei Chau, H.K.

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THE NEIGHBOURHOOD ADVICE-ACTION COUNCIL & LEI TUNG NEIGHBOURHOOD ELDERLY CENTER

The Council founded in 1968, rendering multiple social welfare services with the spirit of "Help the Neighbours, Serve the Community" and professional code of ethic. Lei Tung Neighbourhood Elderly Center has been operating since August 1988.

Center tries the best to network the organizations in the community, utilize community resource and render various services such as drop-in service, personal support service, counseling service, volunteer development, health promotion programs, educational and developmental programs, social and recreational programs, and carer support service.

SERVICE AIM

Community and continuum care is our major service aim. We render various and one-stop services to the needy elders and carers. We hope the elders to build up positive and contributive role; live healthily, being respected and with dignity in familiar community; live fruitfully and meaningfully in the late stage; and to mobilize the public to build together a caring community.

SERVICE OBJECTIVE

Through rendering various services, Center helps the elders to use community resource and get the daily necessity; solve problem and handle crisis; be volunteer and make life fruitful; become healthy and active ageing; life-long learning; extend social circle and keep psycho-social wellness. Center also helps the carers to take care of the elders effectively and alleviate their stress.



SERVICE CONTENT AND MEANS

***DROP-IN SERVICE**

Center provides Reading Room, Television Corner and Health Corner for the elderly to relax, to read newspaper and magazine, to watch television and to use recreation and health equipment.

***PERSONAL SUPPORT SERVICE**

We provide nutrient-balanced lunch, reading letter and enquiry service to the elders which serve them for their basic needs.



***COUNSELLING SERVICE**

Through case-based counseling service, we help the elders to solve their financial, housing, human relation, family relation and emotional disturbance problems and enhance their power of solving problem.

***VOLUNTEER RECRUITMENT, DEVELOPMENT AND SERVICES**

Through recruitment, training and organizing, giving support and recognition to the volunteers, we let elders exert their talent, utilize their leisure fruitfully. Their participation helps the Center to plan and implement the programs and to serve the needy in the community.

***HEALTHY PROMOTION SERVICE**

The Center develops the elders on the wellness of physical and psycho-social aspects by the programs such as health check, health enquiry service, mutual group and health education.

***EDUCATIONAL AND DEVELOPMENTAL SERVICE**

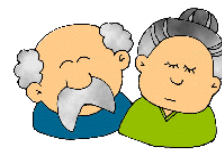
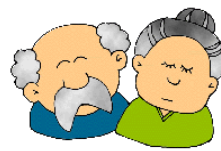
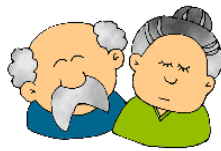
The Center promotes life-long learning and helps the elders build up positive image. We also organize educational talk and program, and sends the community news and resource information to the elders.

***SOCIAL AND RECREATIONAL SERVICE**

We let the elders extend their social network, participate in the community, exert their potential, and build up fruitful and meaning lives through various groups and programs such as interest class, outdoor activities, and festival celebration.

***CARER SUPPORT SERVICE**

The Center helps the carers of the elders face the caring problem and difficulties, and also releases their pressure on caring by rendering counseling and referral service, mutual help group and program, educational program, resources corner and resources kit.



*** EDUCATIONAL AND SUPPORTIVE PROGRAMMES ON DEMENTIA**

Dementia support and public awareness service aim to enhance public knowledge in Dementia. We provide preliminary assessment and referral services for needy elders. In order to support dementia elder's family as a whole, we also provide training and support for careers.

***HIDDEN AND VULNETABLE ELDER SERVICE**

Hidden and vulnerable elder service is a community support service. Through outreaching activities, reach out and identify 'hidden' and singleton elders, bring them out of isolation, encourage and assist them to develop their social life, and refer those in need to the existing public support network.

***PROVISION OF INFORMATION ON COMMUNITY RESOURCES AND REFERRAL SERVICES**

We provide community resources information for the public, if needed, we can also provide referral services.

***SERVICE USERS**

1. The one aged 60 or above can be registered as the student of Elderly Community University.
2. The one who cares for the aged 60 or above living within Ap Lei Chau district

***APPLICATION METHOD**

1. Elder Membership: Come to Center, bring Identity Card, 1 Photos and \$21 for membership fee.
2. Carer Membership: Come to the Center with Identity Card.
3. Participating in Program or Receiving Service: Come to the Centre with membership card.
4. All the application for membership, service and program, can be referred by Social Welfare Department, welfare agency, local organization and people in the community.

***WITHDRAWAL METHOD**

1. Membership: Bring the membership card to Center. Membership fee is non-refundable.
2. Participating in Program or Receiving Service: Come to Center and express the intention to workers.

***FEE**

1. Elder Membership: \$21 for one year, and \$11 or half year.
2. Carer Membership and Drop-in Service: Free charge
3. Health Aging Academy: \$10 per annum for aged over 60; \$20 per annum for aged 55 to 59.
4. Participating in Program or Receiving Service: Based on individual service or program.